

I can't say enough about Dr. Craig! I was diagnosed with a moderate to severe case of Crohn's disease in June of 2010. Crohn's disease is an autoimmune disease that attacks your body, typically in your intestines and or colon. I had lost 19 pounds and was having fevers, not to mention the trouble in my small and large intestine. This was a surprise to me as well as my family. I have always been healthy, fit, and outgoing and thought I was losing it all because of this disease that cannot be cured. My mental outlook was very poor and I had lost a lot of the drive I was so used to. After a referral from my brother in law, that changed drastically.

We started with the consultation just days after the diagnosis. That day has changed me into a believer of Dr. Craig! Instantly my wife and I went from being mad and confused to optimistic. His approach was natural and simple. He said he currently had patients with "GI" symptoms, but had never treated a patient with Crohn's disease. We started with the neurological testing and moved to nutrition. It was clear I needed the supplements to heal my body. We included my adjustments to round out my treatment.

I saw Dr. Craig once a week, for four months. During this time we worked on my diet. With his knowledge of our bodies he helped me get healthy from the inside out. The supplements and a healthier diet were a must for me in order to get well. As time went by the nutrition and adjustments started showing good results. We kept to the plan and I have now stopped taking some of the supplements, but keeping the ones my body still needs. The results now are just awesome! I have gained some of my weight back, and have a great outlook on life, and I am not showing any symptoms. As a result of Dr. Craig's work my "GI" doctor was shocked at the results we have had and asked for Dr. Craig's contact information.

In closing I would like to let everyone know that I am in a better place because of Dr. Craig. All the skeptics may not want to listen, but just like we've always been told "try it you might like it", and I can tell you I love it! I had to work at it as well as Dr. Craig, but I know I am in a great place because of him, and would tell anyone needing help to go see him. Thanks for everything Dr. Craig.

Josh G. White

