

"I began seeing Dr. DeFries for severe plantar fasciitis, and after only a few short months of treatments, (and I had tried everything!) my foot pain is almost completely gone! Dr. DeFries was also able to give me much relief, on very short notice, from neck pain that was really impacting my ability to work and exercise. He is a wealth of nutritional and overall health information and is a great resource for me in helping improve my life."

A handwritten signature in cursive script that reads "Jennifer Bray". The ink is dark and the signature is written in a fluid, connected style.

Jennifer Bray